

You Are the Gardener

No Pregnancy

Late Age of Pregnancies

Fewer Pregnancies

Oxidative
Stress

Radiation

Age

'At risk tissue' is
the Garden

"Weed seeds" can
cause DNA damage

Estrogens are
the Fertilizer

Poor Metabolism

Increased
Aromatase

Impaired
Excretion

Increased
Inflammation

Increased
Alcohol

Too many "weeds
growing in the garden"
can cause breast cancer