

## Energetic Medicine

Energetic Medicine has found its place in contemporary life. Accredited schools have been established in the U.S. that teach acupuncture and related sciences. Methods for detecting imbalances in the energy fields and pathways in the body are taught in post-graduate seminars across the country. The philosophy and science of Alternative Medicine has penetrated the curriculum of prominent universities. Herbal medicines based on energetic medical diagnosis are readily available in health food stores.

Energetic Medicine is here to stay. So, what is it that distinguishes this new paradigm from conventional medicine?

Energetic Medicine utilizes the theories and practice of traditional Asian medicine, acupuncture, homeopathy, therapeutic nutrition (including food as therapy) and plant based medicines.



## *Conventional Medicine*

Conventional medicine is based on a mechanistic reduction theory. Simply stated, the universe and everything in it is like a “big clock.” If broken down into its individual parts one can glean understanding as to its workings. This paradigm has its roots with Democritus and his followers, called atomists, believed that living organisms were “machine-like” structures made out of atoms. The character and quality of life was thought to be controlled by the interaction of the physical atoms that comprised the body. Atomists were “materialists” that believed life was controlled by the chemistry within. The atomist’s perception of machine-like quality to life led to the concept of healing as representing a “mechanistic” process.

## *The Vitalistic Theory*

The Vitalistic theory reaches back to Asian civilization. Its premise is that energy precedes form and governs and directs physical manifestation. The smallest expression of life is DNA. Modern physics supports that something intangible is directing the tangible (DNA) and is the controlling factor to the ongoing manifestation of life processes. In chiropractic, and in Asian thought, this innate intelligence is

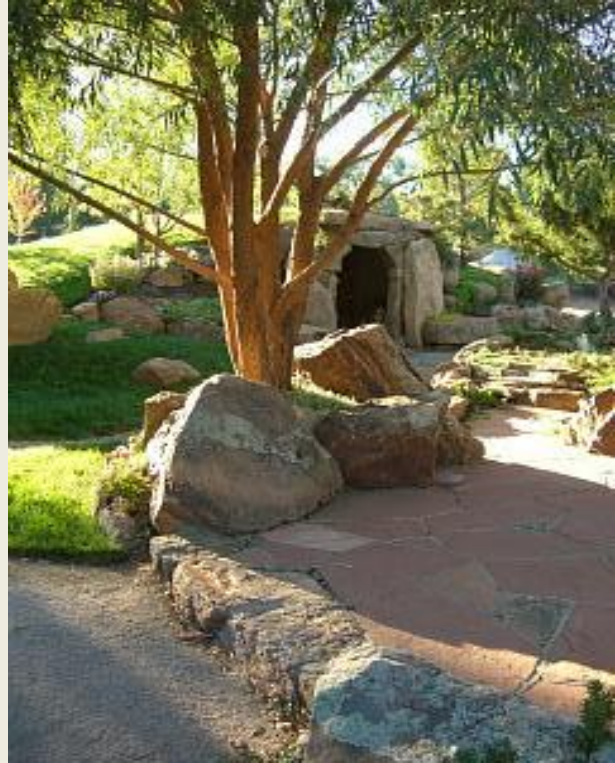
called life force or chi (chee). The life force or etheric body orchestrates the physical. In the practice of energetic medicine the attention is to support of the regulation of the etheric. Innate intelligence is ubiquitous – all pervading and infinite. It is the great intelligence creating the universe and all that is material in it.

## *Regulatory Therapy*

The primary aim of regulatory therapy is to bring disturbed regulatory processes back to their normal functioning.

The most important facets of regulatory therapy are:

1. Eliminating factors that disturb regulation, such as chronic stress, heavy metal load, consumption of recreational drugs and prescription drugs that human system is intolerant to, excess and contaminated foods.
2. Counteracting possible insufficiencies such as in vitamins, enzymes, and trace elements.
3. Breaking down pathogenic (disease causing) feedback mechanisms by using acupuncture, chiropractic, cleansing/rejuvenation programs and homeopathic drainage formulas.
4. Shedding light on emotional fixation patterns that disturb normal regulation. This might be done by Neuro-Emotional Technique and Flower Essence therapy.



## Evaluation of Energetic Regulatory Function

With a clear understanding of the importance of the regulatory energy system of the body and how it functions in health and disease, we can proceed to the methods used to evaluate it in a clinical setting. Methods for detecting energetic disturbances are numerous. In the last 30 years new advances in technology allow the practitioner to investigate in great depth the expression of energetic disturbance in the body. One of the most widespread and applicable methods does not use sophisticated instrumentation – applied kinesiology. [Applied Kinesiology \(AK\)](#) is used extensively at IHC for evaluation of the energetic status as well as nerve interference and muscle weakness.

[SkaSys](#) computer evaluation (using a computer to "broadcast" a scalar field, the body's own reflexes are used to test over 10,000 causes of energetic malfunctions in the body complex).

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