



Botanical Medicine

Drs. Hobson and Belote both studied herbology prior to their chiropractic education. At Integrated HealthCare the doctors use botanical (plant-based) medicine from a variety of cultures. Traditional Chinese medicine (TCM) mixes herbs, minerals and animal derivatives in formulation. European, (primarily German) formulas are sometimes herbal tinctures mixed with very low potency (1x to 3x) homeopathic remedies. (See [Homeopathy](#)). Modern botanicals are often a mixture of plants from America, Asia, Europe and India. These formulas can be purely herbal combinations or sometimes are a mixture of herbs and nutrients with synergistic properties.

The use of botanical medicine reaches as far back in history as we have documentation. Botanical medicine was the primary medicine in use prior to the advent of “modern” medical drugs. The majority of our modern pharmaceutical drugs, though refined and chemically altered, are based upon the actions of the original plants.

Botanical medicines are used for a myriad of conditions by supporting the body’s innate healing capabilities. We believe the plant kingdom offers a remedy for the initial physical disturbance leading to any illness. Using herbs and tonics to support the body’s systems can often circumvent the need for pharmaceuticals down the line.

Botanical medicines come in the form of tablets, capsules, liquid tinctures, teas, salves and ointments. We have a variety of herbal combinations in our pharmacy. Please call 303-652-6475 or [email](#) for help with selection.

